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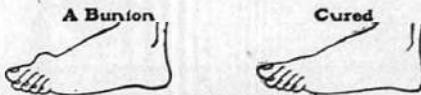
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All acts or movements of any or all parts of the body (including the circulation of the fluids), whether normal, in excess, or a lack of, are but the functions of nerves. There is not an ache or pain, but that are the sensations of deranged nerves.

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**Secretary of The Palmer School and
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How Psychic Pictures are Materialized

SUGGESTION

The New Psychology Magazine
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September

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1905

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CHICAGO, SEPTEMBER 1, 1905.

No. 3

How Psychic Pictures Are Made Realities by Auto-Suggestion

By HERBERT A. PARKYN, M.D., Editor SUGGESTION, and Medical Superintendent Chicago School of Psychology, 4020 Drexel Boulevard, Chicago, Ill.

WHAT are your mental or psychic pictures like? Have you ever given a thought to the fact that you are continually influenced for good or for bad by your mental pictures? No? Then I would advise you hereafter to pay some attention to the mental pictures you conjure in your mind every day of your life, for they play an important part in your life and in your destiny, and can be made to play a still more important part and enable you to shape your destiny if you will learn to control them voluntarily.

Have you never seen a psychic picture of yourself playing a weak, impotent, fearful part, with everything going against you? And have you noticed when you have persisted in drawing up these fear-thought pictures that everything seemed to go wrong with you, that they depressed you and that the very fears of your mental pictures seemed to materialize?

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